

Helpim long karamapim helt blong yu for Pacific Islanders

Moabeta helpim long karamapim helt blong Visita

Ol helpim blong husat stap insait long haus sik

Wanem kain helpim insait long haus sik

Sapos yu stap long haus sik bai mipla peim **olgeta (100%) mani i kostim** ol savis long mekim gut sik wantaim Moabeta helpim long karamapim visita.

- ✓ Ol mani kostim blong ol dokta mekim sejeri na ol kain skelim toktok insait long haus sik
- ✓ Ol mani kostim yu blong stap long haus sik long wanpla dei na despla nait
- ✓ Ol mani kostim ol kainkain samting blong planim long bodi na Gavaman em i tok oraitim
- ✓ Ol mani kostim ples blong oparatim manmeri, ples blong lukautim bikpla sik tru na ples blong sik manmeri stap silip long em
- ✓ Ol mani kostim kainkain marasin ol givim na yu kisim insait longhaus sik



Lukim ol taim

blong wet

I gat tu sampla kain helpim bai kostim mani olsem yu yet bai peim. Yu mas askim long tok orait blong medikel kampani husat i lukautim mani long yu blong toksave wanem kain sevis bai yu yet bai baim. Moa toksave bai stap insait long nib OVHC toktok mani blong bihainim o bai yu ken teliponim **1800 775 204**.

Sampla kain ol sevis

- ✓ Kisim bagarap long birua
- ✓ Ai sejeri blong stretim lukluk
- ✓ Sejeri blong stretim baksait
- ✓ Sejeri blong stretim insait long bel
- ✓ Stretim yau blong harim gut
- ✓ Sejeri blong stretim masel mit long bodi
- ✓ Stretim kidni na rausim pipia
- ✓ Sejeri long skru blong lek na solda
- ✓ Wok painimaut long skru blong lek, bun blong baksait lek i hangamap long en na solda
- ✓ Ol wok blong kamapim gut moa
- ✓ Rausim samting i mekim pen insait long bel
- ✓ Rausim samting i mekim pen insait long maus na nek
- ✓ Wok painimaut blong sik kamap long maus i go daun long win paip na ol samting insait long bel
- ✓ Olgeta narapla helt sevis blong Medicare ino stap long despla toksave

Nogat helpim

Sevis **BAI NOGAT** helpim i karamapim long despla polisi:

- ✗ Sevis blong helpim mekim pikinini
- ✗ Senisim ol samting long bun na bodi
- ✗ Sejeri blong senisim pes na bodi
- ✗ Wok painimaut long bodi i nonap mekim pikinini
- ✗ Lukim haus sik blong sevis long sik longlong pasin
- ✗ Lukim haus sik blong sevis long kru blong het
- ✗ Sevis Medicare i no karamapim

Moa toksave bai stap long nib OVHC toktok mani blong bihainim wanem ol samting bai nogat helpim tru na sampla liklik helpim.

Sampla helpim i daunim liklik

Sapos ol kisim yu blong stap long haus sik, i gat **sampla helpim ol i daunim liklik aninit long ol steit na teritori helt atoriti** yet bai toksave long wanem mani bai yu peim. Despla em ol daunim prais aninit long **Medicare Benefit Schedule (MBS)** na em despla sampla helpim i daunim liklik. Em tu ken kostim bikpla mani yu yet bai peim. Yu ken teliponim **1800 775 204** na long kisim moa toksave long Daunim Liklik Helpim. Moa toksave long Daunim Liklik Helpim bai stap long nib OVHC toktok mani blong bihainim.

- Sejeri blong stretim fat tumas or daunim hevi blong bodi
- Lukautim olgeta taim sik manmeri
- Sevis blong ol meri gat bel na ol meri bai karim pikinini
- Stretim sik longlong pasin

Ol taim blong wetim sevis

- **12 mun** - Sevis blong ol kain sik em i stap pinis long bodi. Despla i no karamapim sik longlong, ol kain wok blong kamapim gut moa na lukautim olgeta taim sik manmeri.
- **12 mun** - Sevis blong ol meri i gat bel na ol meri bai karim pikinini.
- **2 mun** - Olgeta kain sevis stap insait long haus sik olsem sik longlong, ol kain wok blong kamapim gut moa na lukautim olgeta taim sik manmeri. Despla em karamapim sik stap pinis o nogat yet.
- **Nogat taim blong wet** - Sevis blong kar i karim ol sik manmeri.

nib.com.au 1800 775 204

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Ol despla toktok em i kam yet long nib health funds limited ABN 83 000 124 381 (nib), em wanpla praiyet helt insurans kampani. Olgeta toksave long despla pepa ol i raitim na kamap long 4 July 2022 na em blong soim bikpla toktok tasol. Despla pep ayu mas ritim wantaim nib OVHC toktok mani blong bihainim. Ol helpim i ken senis long sampla taim.

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Lukim Dokta long Medikel Helpim

Sapos yu lukim dokta tasol na yu no stap long haus sik despla em sevis tasol blong sik manmeri. Bai mipla peim ol kain sevis em i stap aninit long MBS na Moabeta helpim i karamapim visita.

Wanem ol helpim bai karamapim	Helpim	Taim blong wet
		Au bai kisim despla helpim sapos yu niupla long helt insurans o yu no kisim longpla taim yet moa helpim antap long karamapim yu yet
Lukim na toktok long ol dokta lukautim olgeta kankain sik	100% MBS	Nogat wet
Lukim na toktok long ol dokta ol save long wanpla kain sik na blong katim ol sik manmeri	100% MBS	Nogat wet
Ol dokta sevis blong wanwan kain sik na luksave long testim bodi olsem bulut o piksa blong painimaut ol kankain sik	100% MBS	Nogat wet
Ples blong helpim kwik taim ol bikpla birua o bagarap	Gazetted rates ¹	Nogat wet
Ol sik manmeri ol lukim yet haus sik bihain long taim ol i bin stap bipo long haus sik	100% Mani kostim	Nogat wet
POI sevis long lukim dokta blong toktok long ol meri gat bel na ol bai karim pikinini tasol em bai nogat long taim bihain ol meri gat bel pinis o taim meri karim pikinini pinis	100% MBS	12 mun

¹ Ol helt atoriti yet bai tokaut long wanem kain pei blong helpim aninit long haus sik sevis olsem pablik o praivet haus sik.



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Sampla moa helpim antap

Wanem ol helpim bai karamapim	Taim blong wet
Ol helpim i karamapim kar blong karim ol sik manmeri bai ol helt atoriti givim despla sevis	Nogat wet
Medikel helpim blong go bek long ples kantri (Dokta husat nib i oraitim em bai luksave long despla)	Nogat wet ²
Polisi olsem \$20,000 em mak blong peim wanpla manmeri em dai na blong planim em	Nogat wet ²



1800 775 204

Sapos yu laik save moa long wanem bai kostim ol kain sik na marasin blong helpim, yu ken painimaut wanem mani antap moa bai yu peim na olsem yu teliponim 1800 775 204.

Moa helpim antap

Moa helpim antap bai karamapim sevis blong usim long olgeta dei.

Wanem ol helpim bai karamapim	Mak blong wanpla yia	Taim blong wet
(100% Olgeta i kostim inap long mak long wanpla yia)	Mak antap tru blong askim mani long wanpla manmeri long wanpla yia yu stap memba	Au bai kisim despla helpim sapos yu niupla long helt insurans o yu no kisim longpla taim yet moa helpim antap long karamapim yu yet
Ol kainkain marasin ol dokta givim (PBS yet toksave)	\$500	2 mun

² Plis luksave olsem bai gat 12 mun long wanem askim blong mani sapos manmeri gat sik pinis na kisim medikel helpim.

